

CURRICULUM VITAE

Tara Rezvankhah



Female/ Born in February 7th 1993 (1371), Tehran, Iran / Single

Graduated from Tehran branch of Azad University of medical sciences

Psychiatric Specialty at Iran University of medical sciences

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Affiliation: Department of Psychiatry, Iran University of Medical Sciences, Tehran, Iran.

Some words about me:

As a psychiatrist, I am deeply passionate about understanding the complexities of the human brain and its myriad functions. My enthusiasm for research drives me to explore the intricate mechanisms underlying mental health and illness. I am particularly fascinated by the emerging fields of artificial intelligence and computational psychiatry, recognizing their potential to revolutionize our understanding and treatment of psychiatric disorders. Although I am still in the early stages of gaining experience in these areas, I am eager to integrate these technologies into my practice as my thesis includes machine learning techniques.

I thrive in thought-provoking environments where innovative ideas and interdisciplinary collaboration are encouraged. My goal is to contribute to the advancement of psychiatric research and clinical practice. I am committed to lifelong learning and teaching and I am constantly seeking opportunities to expand my knowledge and skills through collaborating with others and team work.

In addition to my clinical and research interests, I value the importance of empathy and patient-centered care. I believe that a holistic approach, which considers both the biological and psychosocial aspects of mental health, is essential for effective treatment. I am excited to continue my journey in psychiatry, driven

by a desire to make meaningful contributions to the field and improve the lives of those affected by mental health conditions.

ACADEMIC PROFILE:

- **Academic Position:** Psychiatrist at Iran University of medical sciences
- **Academic Degree:** doctorate of medicine
- **University:** Iran University of medical sciences
- **Hospital:** Iran psychiatric hospital
- **ORCID:**

Articles:

First-episode mania after COVID-19: A case series in Iran

Sex difference affects fear extinction but not lithium efficacy in rats following fear-conditioning with respect to the hippocampal level of BDNF

Psychometric Evaluation of Persian Translation for Recovery Assessment Scale - Domains and Stages (RAS-DS) Questionnaire in Patients with Schizophrenia and Major Mood Disorders

Investigating Risky Decision-Making for Self and Others in Schizophrenia Compared with the Control Group (under review)

SKILLS:

- **Computer Sciences:** Office, Photoshop, clip making application (Proshow slideshow)
- **Research Knowledges:** Familiarity with scientific writing and publication, data collection and analysis with SPSS, literature review
- **Laboratory Techniques:** An experience in stereotactic surgery at medical school on rats brains particularly involving the Nucleus Accumbens.

PROFESSIONAL MEMBERSHIPS:

- Member of the residency neuropsychiatric committee of Iran
- Member of Iranian Psychiatric Association
- Member of "Hamravan" branch (GP psychoeducation group) of "Hamyad" residency committee

WORKSHOPS AND TRAINING COURSES:

1. Participated in 9th Royan International summer school
2. Trainings in several article writing workshops
3. Completed workshop about addiction treatment and counseling by Dr Azarakhsh Mokri
4. Participated in a training course entitled "cognitive behavioral couple therapy" taught by Dr. Fereshteh Motabi
5. Participated in a course named "Transference focused psychotherapy" taught by Dr. Homa Mohammadsadeghi

6. Participated in several neuropsychiatric courses and conferences
7. Psychotherapy trainings under supervision of dr Amirhossein Jalali Nodushan.

HONORS AND AWARDS

- Selected as top 5% in the board exam (5th national rank)
- Selected as top resident of psychiatry for four consecutive years of residency at Iran University of medical sciences
- Selected as second place student in the basic sciences exam of medical school

Lectures:

- Psychological trauma, a historical perspective
- Several Neuropsychiatric lectures (neurocognitive disorders branch of mental health research center & Residency committee of neuropsychiatry) including:
 - My face in yours: Visuo-tactile facial stimulation influences sense of identity
 - Decision making in borderline personality disorder
 - The effect of personal space intrusion in affective contexts using fMRI on women with borderline personality disorder

GP thesis: Effects of Zinc on symptom relief in Generalized anxiety disorder patients attending psychiatric clinic in Bootali Hospital in 2017-2018 (RCT)

Specialty thesis: Investigating risky decision-making for self and others in patients with schizophrenia compared to healthy control (a computerized task)

Language:

Advanced English skills